| DEWS | DRY EYE: DIAGNOSTIC TEST TEMPLATE |  |
| :---: | :---: | :---: |
| RAPPORTEUR | A.J.Bron | $16^{\text {th }}$ Oct 2004 |
| TEST | Mixed tests |  |
| $\begin{aligned} & \text { TO } \\ & \text { DIAGNOSE } \end{aligned}$ | To differentiate SSdry eye from nonSS-dry eye | REFERENCES |
| VERSION of TEST | [ V 1] | Shimazaki 1998 |
| DESCRIPTION | Various tests |  |
| NATURE of STUDY | Comparison of 27 SS with 29 age- and gender- matched patients with nonSS dry eye. |  |
| CONDUCT of TEST | Tests conducted in this order: <br> Fluorescein and RBS <br> $2 \mu \mathrm{l}$ of $1: 1$ solution of $1 \%$ fluorescein with $1 \%$ bengal rose (Toda, Tsubota 1993) <br> Cornea grading: fluorescein; 0-3 <br> Conjunctival/cornea grading: 1-9 (van Bijsterveld 1969) <br> BUT <br> Average of 3 tests. <br> Schirmer -1 <br> Cotton thread (Sakamoto et al. 1993) <br> Lower lateral lid margin 15 seconds <br> Tear clearance (Xu et al. 1995) <br> $10 \mu \mathrm{l}$ of $0.5 \%$ fluorescein with oxybuprocaine (Benoxil) <br> Schirmer performed for 5 minutes <br> Dilution ( $1 ; 1 / 2 ; 1 / 4 ; 1 / 8 ; 1 / 16 / 1 / 32 / ; 1 / 64 ; 1 / 120 ; 1 / 256$ ) expressed as the $\log$ <br> Tear Function Index (TFI) derived from Schirmer value divided by tear clearance (Xu et al. 1995) <br> Tear evaporation (at a separate visit) <br> Meibography: (some performed on other days) <br> Transillumination with L-3920 transillumination device <br> (Inami, Co. Tokyo) <br> Grade 0: No gland drop out <br> Grade 1: Drop out in less than half of lower lid <br> Grade 2: Drop out in more than half of lower lid <br> Meibomian Expression: (obstruction) <br> Degree of ease of expressing Meibomian secretion from the upper tarsus: <br> Grade 0: clear meibum easily expressed <br> Grade 1: cloudy meibum expressed with mild pressure <br> Grade 2: meibum cannot be expressed even with hard pressure. | Toda, Tsubota 1993 <br> van Bijsterveld 1969 <br> Sakamoto et al. 1993 <br> Xu et al. 1995 <br> Shimazaki et al 1995 |
| RESULTS of STUDY | Fluorescein and RB scores higher in SS than noSS dry eye ( $\mathrm{p}<0.0001$ ) | Shimazaki 1998 |



## References

van Bijsterveld OP. (1969). Diagnostic tests in the sicca syndrome. Arch Ophthalmol 82: 10-14.
Sakamoto R, Bennett ES, et al. (1993). The phenol red thread tear test: a cross-cultural study. Invest Ophthalmol Vis Sci 34(13): 3510-3514.

Shimazaki ., Sakata M, et al. (1995). Ocular surface changes and discomfort in patients with meibomian gland dysfunction. Arch Ophthalmol 113(10): 1266-1270.

Shimazaki, J., E. Goto, et al. (1998). "Meibomian gland dysfunction in patients with Sjögren syndrome." Ophthalmology 105(8): 1485-1488.

Toda I, Tsubota K. (1993). Practical double vital staining for ocular surface evaluation. Cornea 12: 366367.

Xu K-P, Yagu Y, et al. (1995). Tear Function Index. Arch Ophthalmol 113: 84-88.

