| DEW                | DRY EYE: DIAGNOSTIC TEST TEMPLATE   |                           |
|--------------------|---|---------------------------|
| RAPPORTEUR         | A.J.Bron  | 18 <sup>th</sup> Oct 2004 |
|                    |   |                           |
| TEST               | Schirmer 1 without anaesthesia  |                           |
| TO                 | Diagnostic Test of Dry Eye  | REFERENCES                |
| DIAGNOSE           |   |                           |
| VERSION of         | [ V ]   | Pflugfelder et al.        |
| TEST               |   | 1998                      |
| DESCRIPTION        | An estimation of tear flow stimulated reflexly by insertion of  |                           |
| NATUDE of          | a filter paper into the conjunctival sac.   |                           |
| NATURE of<br>STUDY | 40 adults with ocular irritation: (SSATD (11); NSATD (9); inflamm MGD (rosacea) (10); atrophic MGD (10). 10     |                           |
| STUDI              | normals (10); atropine MGD (10). 10   |                           |
|                    | Controls and SSATD were of younger age. SSATD less  |                           |
|                    | males than controls or inflame MGD  |                           |
|                    | [for details: see Bron Mixed Tests Pflugfelder 1998]  |                           |
| CONDUCT of         | SCHIRMER TEST   |                           |
| TEST               | Without anaesthesia   |                           |
|                    | Eyes open   |                           |
|                    | Short part of paper placed over lower lid margin at junction  |                           |
|                    | of middle and lateral third   |                           |
|                    | Read at 5 minutes   |                           |
|                    |   |                           |
|                    | NASAL-LACRIMAL REFLEX TEARING   |                           |
|                    | Method:   |                           |
|                    | After removing the Schirmer strip following the 30 min  |                           |
|                    | clearance test:   |                           |
|                    | Nasal mucosa stimulated with a dry cotton swab (time?) on   |                           |
|                    | the side with the lowest Schirmer value.  |                           |
|                    | Then Schirmer strip inserted for 1 minute.  A Schirmer value greater than 1 mm more than the 30 min             |                           |
|                    | value.  |                           |
|                    | varue.  |                           |
| Web Video          | Not available:  |                           |
| Materials:         | Schirmer papers: Iolab Corporation  |                           |
| Standardization    | Time of day $\lceil \sqrt{\rceil}$ Temperature $\lceil \sqrt{\rceil}$ Humidity $\lceil \sqrt{\rceil}$ Air speed |                           |
|                    | $[\sqrt{\ }]$ Illumination $[\sqrt{\ }]$ . Assumed to influence.  |                           |
| Repeatability      | Intra-observer agreement. [ - ]   |                           |
|                    | Inter-observer agreement. [ - ]   |                           |
| Sensitivity        | (true positives) [ - ]  |                           |
| ·                  |   |                           |
| Specificity        | (100 – false positives) [ - ]   |                           |
| Other Stats        | Data from this paper was used to contrast the behaviour of  | Pflugfelder et al.        |
| Other Stats        | different diseases causing ocular irritation.   | 1998                      |
|                    | different diseases causing ocular liftation.  | 1/70                      |
|                    | SCHIRMER TEST:  |                           |
|                    | Worse eye Schirmer scores lower for nonSS- and SSATD  |                           |
|                    | groups than for MGD and controls (p≤0.001)  |                           |
|                    | Fellow eyes similar, but SSATD fellow eyes scores lower   |                           |
|                    | than for nonSSATD (p=0.02).   |                           |
|                    | Inflam Sch scores < atrophicMGD scores (p=0.04)   |                           |
|                    |   |                           |
|                    | SCHIRMER CORRELATIONS:  |                           |

|               | Schirmer scores correlated inversely with:                     |  |
|---------------|--|--|
|               | Total fluorescein scores (Kendall's $\tau - 0.505$ ; p< 0.001) |  |
|               | Total Rose bengal scores (Kendall's $\tau - 0.474$ ; p< 0.001) |  |
|               | (Stain and Schirmer scores meaned from both eyes?)             |  |
|               | SS group Greater loss of nasolacrimal reflex Schirmer .        |  |
| Test problems | Note two-eye means used in comparisons                         |  |
|               | SS patients younger than other groups                          |  |
|               |  |  |
|               |  |  |
|               |  |  |

## Reference

Pflugfelder SC, Tseng SC, et al. (1998). Evaluation of subjective assessments and objective diagnostic tests for diagnosing tear-film disorders known to cause ocular irritation. *Cornea* 17(1): 38-56.